

The Mango Inn Bed and Breakfast

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Our Favorite Recipes

Mangoes Flambé

This is an unusual twist to the old standard Bananas Foster

2 tablespoons butter
2 tablespoons sugar
zest of orange, in ½" strips
zest of lime, in ½" strips
2 ounces Triple Sec
Juice from orange
Juice from lime
4 fresh mangoes, cubed
2 ounces tequila

Melt butter in pan. When very hot, add sugar. Add zest parings, then Triple Sec. Light it with a match. When flames have died down, add juices and cook until mixture has reduced slightly. Add mangoes and heat until bubbly. Add the tequila and flame again, gently shaking pan. Remove zest. Serve immediately. Serve over best quality vanilla ice cream.

Serves 4