

The Mango Inn Bed and Breakfast

128 North Lakeside Drive, Lake Worth, Florida (FL) 33460
Phone: (561) 533-6900 • Toll Free: (888) 626-4619 • Fax: (561) 493-3748
email: info@mangoinn.com • website: A Lake Worth FL Bed and Breakfast Inn

Our Favorite Recipes

Mango Smoothie

A great way to knock out the summer heat.

Pulp of 2 peeled mangoes
1 medium banana, peeled and sliced
1 scoop vanilla ice cream
2 tablespoons of rum
2 tablespoons sugar
1 cup milk or 1 cup orange juice.

Put all ingredients in a blender and blend until smooth. Pour into tall glass over cracked ice.